Campus Preventative Cleaning Measures

Preventative Maintenance: No confirmed and/or probable Cases of Infectious Disease

General Hygiene Practices for Staff, Practicum, Faculty and Participants

- Wash hands frequently with soap and water. Vigorously rub soap over your palms, backs of hands, and wrists (including between fingers, fingertips, and thumbs) for at least 30 seconds. Pat hands dry with a disposable towel and dispose of the towel immediately.
- Alcohol-based hand sanitizer should be used *in combination* with hand washing, or in the absence of soap and water.
- Use proper cough and sneeze etiquette. Cover your mouth and nose with your arm to reduce the spread of germs. If you use a tissue dispose of the tissue after using it and wash your hands immediately.
- If you are experiencing flu-like symptoms limit your contact with other people. It is recommended that you stay home and rest. This will allow you to get better faster and will limit your contact with others
- If you have health questions contact Health Link by dialing 811

General Hygiene Practices for Guests

- If guests develop flu-like symptoms it is recommended that they limit contact with other people by staying in their room.
- Health questions from guests can be forwarded to Health Link (811)

Included below are enhanced cleaning measures to be taken as a preventative measure on campus during times where no reported or probable cases of influenza are confirmed on campus.

**Guest Rooms**

General Cleaning Procedures

- All surfaces in common areas should be cleaned at least daily with peroxide multi-surface cleaner and disinfectant. All surfaces should be dried after cleaning where ever possible, as moisture attracts contaminants.
- Personal protective equipment (PPE) such as gloves, safety glasses, and respirators should be worn as recommended in the Safety Data Sheet or product use instructions for each cleaning product used
- Hand washing is mandatory after cleaning activities
Every guest washroom should be consistently equipped with soap and hand towels.
Supervisors and managers should continuously monitor areas to ensure hygiene procedures are enforced.
Washrooms in occupied guest rooms should be cleaned daily, or more frequently as needed.

Floors and floor coverings
- Carpets or rugs/mats should be vacuumed daily.
- Hard floor surfaces should be cleaned with a wet vacuum system or mop daily.

Furnishings (curtains, drapes, screens, lampshades, furniture items)
- Furnishings should be washed or wiped with peroxide multi-surface cleaner and disinfectant or steam cleaned daily.
- If furnishings are soiled with bodily fluids such as vomit, blood or feces they should be washed or wiped immediately.

Bedding
- Mattresses without plastic coverings are to be steam cleaned if soiled with bodily fluids.
- Pillows should be washed using standard internal procedure or steam cleaned if contaminated with bodily fluids.

Lobbies and Common Areas
- Wash and wipe down building entrances including door knobs and handles with peroxide multi-surface cleaner and disinfectant at least 4 times daily.
- Public washrooms and all areas where food is served and/or consumed (kitchens, dining areas, restaurants, outlets) should be cleaned at least daily, or more frequently based on internal procedures and service levels.
- Every public washroom should be consistently equipped with liquid soap, paper towels and/or hand dryers.
- Furnishings (drapes, curtains, screens, lampshades, furniture items) should be washed or wiped with peroxide multi-surface cleaner and disinfectant or steam cleaned daily.
- If furnishings are soiled with bodily fluids such as vomit, blood or feces they should be washed or wiped immediately.
- Elevators should be wiped down, including all buttons and handrails, with peroxide multi-surface cleaner and disinfectant at least 4 times per day.
Laundry Facilities

- Laundry machinery should be cleaned at least daily. This process should involve cleaning washers, dryers, and ironing presses with detergent and warm water.
- Linen (sheets, pillowcases, blankets, duvet covers) should be washed in hot water (70 to 80 degrees Celsius), and detergent, then rinsed and dried in a dryer.
- Linen should be ironed at high temperatures.
- Linen should be changed at least twice per week, or when a guest has checked out.

Restaurants and Kitchens

- Restaurants and kitchens should follow the guidelines and instructions for food safety and food premises hygiene.

Work Spaces

- Office areas and places where people are performing work should be disinfected regularly, including communal areas such as kitchens, boardrooms, shared office space, and studios. This should be completed by those working in the area, personal workspaces will not be cleaned by custodial other than garbage and recycling disposal.
- Office and workspace washrooms should be cleaned at least daily, and consistently have available soap and hand towels.

Sally Borden Recreation & Fitness

Swimming Pool and Hot Tubs

- Increase monitoring of water quality and the disinfection system in the swimming pool and hot tubs.
- Any person with respiratory symptoms should be prohibited from the swimming pool and hot tubs. Signs should be displayed notifying guests of the restriction before entering the pool area/hot tub area.
- Should a staff member see a person with respiratory symptoms in the swimming pool or hot tub area, the staff member should advise the person to leave the pool area and an alert a supervisor or manager on duty immediately.

Gymnasium and Fitness Rooms

- Wash and wipe general facilities and equipment in the gymnasium and fitness rooms with peroxide multi-surface cleaner and disinfectant daily, or more frequently based on service levels.
• A vinegar solution and clothes are to be available in the fitness room and gymnasium at all times for guests to clean equipment after using